

K-5 Lunch

Iron County School District

September 2021 Menu

Monday	Tuesday	Wednesday	Thursday	Friday
		1 French Toast Sticks Mini Pancake Maple Burst'n Syrup, Maple Pork Sausage Patty Potato Stix Ketchup Corn Fresh Oranges 100% Juice Milk	2 Popcorn Chicken Mashed Potatoes Gravy Variety Warm Soft Rolls Sunshine Carrots Fresh Apples 100% Juice Milk	3 Sidewalk Tacos Chili W/Cornbread Refried Beans Lettuce/Tomato Salsa Spanish Rice Broccoli Florets Applesauce Cups Marshmallow Rice Treat 100% Juice Milk
6 LABOR DAY	7 Wild Mike's Pizza Sub Sandwich Mayonnaise Mustard Side salad Ranch Dressing Mandarin Oranges Frosted Sugar Cookie 100% Juice Milk	8 Orange Chicken Brown Rice Broccoli Florets Fresh Bananas Pudding variety 100% Juice Milk	9 Ham(Thick Cut) Chicken Nuggets Mashed Potatoes Gravy Variety Warm Soft Rolls Sunshine Carrots Fresh Apples 100% Juice Milk	10 Tex Mex Nacho Beef Taco Stick Cilantro Lime Rice Black Beans Canned Salsa Fresh Oranges Jello 100% Juice Milk
13 Chicken Taquitos Italian Platter Marinara Sauce Cup French Fries Ketchup Cowboy Baked Bean Canned Pears 100% Juice Milk	14 Wild Mike's Pizza Mozzarella Cheese Bite Marinara Sauce Cup Vegetable tray Ranch Dressing Mandarin Oranges W/G Baked Cookies 100% Juice Milk	15 Chicken & Waffles Mini Corn Dogs Ketchup Mustard Sunshine Carrots Fresh Apples Scooby-Doo Snacks 100% Juice Milk	16 Teriyaki Beef Blasters Mashed potatoes Gravy Variety Warm Soft Rolls Broccoli Florets Canned Peaches 100% Juice Milk	17 Chili Dog Bean & Cheese Burrito Fiesta Beans and Rice Green beans Doritos Cool Ranch Strawberries, fresh 100% Juice Milk
20 Hamburger Corn Dog Ketchup Mustard Mayonnaise Lettuce/Tomato French Fries Baked Beans Applesauce 100% Juice Milk	21 Wild Mike's Pizza Sub Sandwich Mayonnaise Mustard Side salad Ranch Dressing Mandarin Oranges Frosted Sugar Cookie 100% Juice Milk	22 Chicken Teriyaki Brown Rice Broccoli Florets Fresh Apples Whole Grain Donut 100% Juice Milk	23 Breaded Beef Sticks Mashed potatoes Country Gravy Warm Soft Rolls Sunshine Carrots Canned Peaches 100% Juice Milk	24 Spaghetti Pepperoni Calzones Breadstick Green beans Raisels Marshmallow Rice Treat 100% Juice Milk
27 Pig in a blanket Tomato Soup & Grilled Cheese Ketchup Mustard Green beans Canned Pears Creamies ice cream 100% Juice Milk	28 Wild Mike's Pizza Mozzarella Cheese Bite Marinara Sauce Cup Vegetable tray Ranch Dressing Mandarin Oranges W/G Baked Cookies 100% Juice Milk	29 French Toast Sticks Mini Pancake Maple Burst'n Syrup, Maple Pork Sausage Patty Potato Stix Ketchup Corn Fresh Oranges 100% Juice Milk	30 Popcorn Chicken Mashed Potatoes Gravy Variety Warm Soft Rolls Sunshine Carrots Fresh Apples 100% Juice Milk	

This institution is an equal opportunity provider.

Menus are subject to change.

K-12 Breakfast

Iron County School District

September 2021 Menu

Monday	Tuesday	Wednesday	Thursday	Friday
		1 Biscuit,Honey Whole Wheat Sausage Gravy Mini Strawberry Pancakes Applesauce 100% Juice Milk	2 Breakfast Pizza Pumpkin Bread Slice Canned Pears 100% Juice Milk	3 Breakfast Tornos Muffin Blueberry Fresh Apples 100% Juice Milk
6 LABOR DAY	7 Cinnamon Roll W/Frosting Pork Sausage Patty Raisels 100% Juice Milk	8 French Toast Sticks Waffles Syrup, Maple Potato Stix 100% Juice Milk	9 Mini Pancake Maple Burst'n Banana Bread Cheese Stick Canned Pears 100% Juice Milk	10 Pancake on Stick Muffin Chocolate Chip Syrup, Maple Fresh Apples 100% Juice Milk
13 Oatmeal Round Lucky Charms Cereal GoGurt Fresh Oranges 100% Juice Milk	14 Cinnamon Roll W/Frosting Pork Sausage Patty Raisels 100% Juice Milk	15 Biscuit,Honey Whole Wheat Sausage Gravy Mini Strawberry Pancakes Applesauce 100% Juice Milk	16 Breakfast Pizza Pumpkin Bread Slice Canned Pears 100% Juice Milk	17 Breakfast Tornos Muffin Blueberry Fresh Apples 100% Juice Milk
20 Whole Grain Donut Cinnamon Toast Cereal GoGurt Fresh Oranges 100% Juice Milk	21 Cinnamon Roll W/Frosting Pork Sausage Patty Raisels 100% Juice Milk	22 French Toast Sticks Waffles Syrup, Maple Potato Stix 100% Juice Milk	23 Mini Pancake Maple Burst'n Banana Bread Cheese Stick Canned Pears 100% Juice Milk	24 Pancake on Stick Muffin Chocolate Chip Syrup, Maple Fresh Apples 100% Juice Milk
27 Oatmeal Round Lucky Charms Cereal GoGurt Fresh Oranges 100% Juice Milk	28 Cinnamon Roll W/Frosting Pork Sausage Patty Raisels 100% Juice Milk	29 Biscuit,Honey Whole Wheat Sausage Gravy Mini Strawberry Pancakes Applesauce 100% Juice Milk	30 Breakfast Pizza Pumpkin Bread Slice Canned Pears 100% Juice Milk	

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